



Sacred Heart College Co-Curricular Programme
Winter Season - 20 March to 23 June 2017
FOUNDATION PHASE (Gr.1,2&3)

Learners Name: _____

Grade & Class: _____

MONDAY - CO-CURRICULAR		Venue	Teacher in Charge	Learners Choice (please tick)
SESSION 1 13:30 to 14:15	Under 7 Mini Netball Gr.1	Courts	Ms Druon; Mrs King; Coach	
	Under 8 Mini Netball Gr.2	Courts	Ms Thomas; Coach	
	Under 9 Netball Gr.3	Courts	Ms Semoko; Coach	
	Under 7 Mini Soccer Gr.1 (Boys & Girls)	Top Fields	Mr van der Merwe; Coaches Charles, Papi & Malu	
	Under 8 Mini Soccer Gr.2 (Boys & Girls)	Top Fields	Mr Zondo; Coaches Richard & Tshiamo	
	Under 9 Boys Soccer Gr.3	Top Fields	Mr Lambert; Coaches Lephty & Mbo	
	Under 9 Girls Soccer Gr.3	Top Fields	Coach Bongzi	
	Tennis	Tennis Courts	Coach Gareth	
	Gr. 3 Cross Country Meetings (only if selected)	Home/Away	P.E. Department	
	Art Gr.2 Only	Art Room	Ms Breuer, Mrs Correa	
Chess Gr. 2; 3	Room 17	Mrs Els		
Extra Lessons Gr 1 (*By teachers invitation only)	Classrooms	Mrs Wakefield		
SESSION 2 14:00 to 15:00	Gr.1,2 & 3 Homework Classes	Register Classes	Register Teachers	
SESSION 3 15:00 to 16:00	<i>Aftercare Activities/ Homework</i> <i>Outside Club ie. Gymnastics, Ballet, Karate:</i>	<i>Orchard</i>	<i>Aftercare Teachers</i>	
SESSION 4 16h00 TO 17h30	<i>Aftercare Activities</i>	<i>Orchard</i>	<i>Aftercare Teachers</i>	
TUESDAY - CO-CURRICULAR		Venue	Teacher in Charge	Learners Choice (please tick)
SESSION 1 13:30 to 14:15	Under 7 Mini Netball Gr.1	Courts	Ms Druon; Coach	
	Under 8 Mini Netball Gr.2	Courts	(Mrs Correa); Mrs Wakefield; Coach	
	Under 9 Netball Gr.3	Courts	Ms Semoko; Coach	
	Under 7 Mini Soccer Gr.1 (Boys & Girls)	Top Fields	Mr van der Merwe; Coaches Charles, Papi & Malu	
	Under 8 Mini Soccer Gr.2 (Boys & Girls)	Top Fields	Mr Zondo; Coaches Richard & Tshiamo	
	Under 9 Boys Soccer Gr.3	Top Fields	Mr Lambert; Coaches Lephty & Mbo	
	Under 9 Girls Soccer Gr.3	Top Fields	Coach Bongzi	
	Tennis	Tennis Courts	Coach Gareth	
	Art Gr.1 Only	Art Room	Ms Bacalhau; Ms Field; Ms Breuer	
	Chess Gr. 2; 3	Room 17	Mrs Els; Coach Shephard; (Mrs Correa)	
Extra Lessons Gr 1 (*By teachers invitation only)	Classrooms	Mrs King		
Extra Lessons Gr 2 (*By teachers invitation only)	Classrooms	Ms Thomas		
Extra Lessons Gr 3 (*By teachers invitation only)	Classrooms	Mrs Douglas		
SESSION 2 14:00 to 15:00	Gr.1,2 & 3 Homework Classes	Register Classes	Register Teachers	
SESSION 3 15:00 to 16:00	<i>Aftercare Activities/ Homework</i> <i>Outside Club ie. Gymnastics, Ballet, Karate:</i>	<i>Orchard</i>	<i>Aftercare Teachers</i>	
SESSION 4 16h00 TO 17h30	<i>Aftercare Activities</i>	<i>Orchard</i>	<i>Aftercare Teachers</i>	
WEDNESDAY - CO-CURRICULAR		Venue	Teacher in Charge	Learners Choice (please tick)
SESSION 1 13:30 to 14:15	Under 7 Mini Netball Gr.1	Courts	Mrs Correa; Coach	
	Under 8 Mini Netball Gr.2	Courts	Mrs Douglas; Coach	
	Under 9 Netball Gr.3	Courts	Ms Semoko; Coach	
	Under 7 Mini Soccer Gr.1	Top Field	Mr van der Merwe; Coaches Charles, Papi & Malu	
	Under 8 Mini Soccer Gr.2	Top Field	Mr Zondo; Coaches Richard & Tshiamo	
	Under 9 Soccer Practice / Matches	Top Fields/Away	Mr Lambert; Coaches Lephty & Mbo	
	Art Gr.3 Only	Art Room	Ms Gaffar; Ms Bacalhau; Ms Field	
Extra Lessons Gr 2 (*By teachers invitation only)	Classrooms	Ms Els, Ms Breuer		
SESSION 2 14:00 to 15:00	Gr.1,2 & 3 Homework Classes	Register Classes	Register Teachers	
SESSION 3 15:00 to 16:00	<i>Aftercare Activities/ Homework</i> <i>Outside Club ie. Gymnastics, Ballet, Karate:</i>	<i>Orchard</i>	<i>Aftercare Teachers</i>	
SESSION 4 16h00 TO 17h30	<i>Aftercare Activities</i>	<i>Orchard</i>	<i>Aftercare Teachers</i>	
THURSDAY - CO-CURRICULAR		Venue	Teacher in Charge	Learners Choice (please tick)
SESSION 1 13:30 to 14:15	Under 7 Mini Netball Gr.1	Courts	Mrs King; Mrs Wakefield; Coach	
	Under 8 Mini Netball Gr.2	Courts	Mrs Douglas; (Mrs Wakefield); Coach	
	Under 9 Netball Gr.3	Courts	Ms Semoko; (Mrs Douglas); Coach	
	Under 7 Mini Soccer Gr.1 (Boys & Girls)	Top Fields	Mr van der Merwe; Coaches Charles, Papi & Malu	
	Under 8 Mini Soccer Gr.2 (Boys & Girls)	Top Fields	Mr Zondo; Coach Tshiamo	
	Under 9 Boys Soccer Gr.3	Top Fields	Mr Lambert; Coaches Lephty & Mbo	
	Under 9 Girls Soccer Gr.3	Top Fields	Coach Bongzi	
	Tennis	Tennis Courts	Coach Gareth	
	Extra Lessons Gr 1 (*By teachers invitation only)	Classrooms	Ms Druon	
	Extra Lessons Gr 3 (*By teachers invitation only)	Classrooms	Ms Field, Ms Bacalhau	
SESSION 2 14:00 to 15:00	Gr.1,2 & 3 Homework Classes	Register Classes	Register Teachers	
SESSION 3 15:00 to 16:00	<i>Aftercare Activities/ Homework</i> <i>Outside Club ie. Gymnastics, Ballet, Karate:</i>	<i>Orchard</i>	<i>Aftercare Teachers</i>	
SESSION 4 16h00 TO 17h30	<i>Aftercare Activities</i>	<i>Orchard</i>	<i>Aftercare Teachers</i>	
FRIDAY - CO-CURRICULAR		Venue	Teacher in Charge	Learners Choice (please tick)
SESSION 1&2 13:30 to 15:00	Mini Soccer (Gr. 1&2) Matches - Only if selected	Fields/Away	Mr. van der Merwe; Mr Lambert; Coaches	
	Mini Netball (Gr. 1,2&3) Matches - Only if selected	Courts/Away	Ms Semoko; Teachers; Coaches	
	<i>Aftercare</i> <i>Outside Club ie. Gymnastics, Ballet, Karate:</i>	<i>Orchard</i>	<i>Aftercare Teachers</i>	
SESSION 3 15h00 to 16h00	<i>Aftercare Activities</i>	<i>Orchard</i>	<i>Aftercare Teachers</i>	
SESSION 4 16h00 TO 17h30	<i>Aftercare Activities</i>	<i>Orchard</i>	<i>Aftercare Teachers</i>	