



Sacred Heart College Co-Curricular Programme

Winter Season - 19 March to 22 June 2018

FOUNDATION PHASE (Gr. 1, 2 & 3)

Learners Name: _____

Grade & Class: _____

MONDAY - CO-CURRICULAR		Venue	Teacher in Charge	Learners Choice (please tick)
SESSION 1 13:30 to 14:15	Under 7 Mini Netball Gr.1	Courts	Mrs Pooran; Coach	
	Under 8 Mini Netball Gr.2	Courts	Mrs Douglas; Coach	
	Under 9 Netball Gr.3	Courts	Ms Semoko; Coach	
	Under 7 Mini Soccer Gr.1 (Boys & Girls)	Top Fields	Mr van der Merwe; Coaches Charles, Papi & Alain	
	Under 8 Mini Soccer Gr.2 (Boys & Girls)	Top Fields	Mr Zondo; Coaches Malu & Tshiamo	
	Under 9 Boys Soccer Gr.3	Top Fields	Mr Lambert; Coaches Lepthy & Mbo	
	Under 9 Girls Soccer Gr.3	Top Fields	Coach Bongi	
	Tennis	Tennis Courts	Coach Eddie	
	Gr. 3 Cross Country Meetings (only if selected)	Home/Away	P.E. Department	
	Art Gr.2 Only Chess Gr. 2; 3	Art Room Room 17	Ms Field; Ms Breuer Mrs Els	
Extra Lessons Gr 1 (*By teachers invitation only) Extra Lessons Gr 3 (*By teachers invitation only)	Classrooms Classrooms	Ms Druion, Mrs Wakefield Ms Douglas, Ms Bacalhau		
SESSION 2 14:15 to 15:00	Gr.1,2 & 3 Homework Classes	Register Classes	Register Teachers	
SESSION 3 15:00 to 16:00	<i>Aftercare Activities/ Homework Outside Club ie. Gymnastics, Ballet, Karate:</i>	Orchard	Aftercare Teachers	
SESSION 4 16h00 to 17h30	<i>Aftercare Activities</i>	Orchard	Aftercare Teachers	
TUESDAY - CO-CURRICULAR		Venue	Teacher in Charge	Learners Choice (please tick)
SESSION 1 13:30 to 14:15	Under 7 Mini Netball Gr.1	Courts	Ms Druion; Coach	
	Under 8 Mini Netball Gr.2	Courts	Ms Thomas; Coach	
	Under 9 Netball Gr.3	Courts	Ms Semoko; Coach	
	Under 7 Mini Soccer Gr.1 (Boys & Girls)	Top Fields	Mr van der Merwe; Coaches Charles, Papi & Alain	
	Under 8 Mini Soccer Gr.2 (Boys & Girls)	Top Fields	Mr Zondo; Coaches Malu & Tshiamo	
	Under 9 Boys Soccer Gr.3	Top Fields	Mr Lambert; Coaches Lepthy & Mbo	
	Under 9 Girls Soccer Gr.3	Top Fields	Coach Bongi	
	Tennis	Tennis Courts	Coach Eddie	
	Art Gr.1 Only Chess Gr. 2; 3	Art Room Room 17	Ms Bacalhau; Ms Breuer Mrs Els; Coach	
	Extra Lessons Gr. 1 (*By teachers invitation only) Extra Lessons Gr 2 (*By teachers invitation only) Extra Lessons Gr 3 (*By teachers invitation only)	Classrooms Classrooms Classrooms	Mrs Pooran Ms Douglas Ms Field	
SESSION 2 14:15 to 15:00	Gr.1,2 & 3 Homework Classes	Register Classes	Register Teachers	
SESSION 3 15:00 to 16:00	<i>Aftercare Activities/ Homework Outside Club ie. Gymnastics, Ballet, Karate:</i>	Orchard	Aftercare Teachers	
SESSION 4 16h00 to 17h30	<i>Aftercare Activities</i>	Orchard	Aftercare Teachers	
WEDNESDAY - CO-CURRICULAR		Venue	Teacher in Charge	Learners Choice (please tick)
SESSION 1 13:30 to 14:15	Under 7 Mini Netball Gr.1	Courts	Coach	
	Under 8 Mini Netball Gr.2	Courts	Mrs Douglas; Coach	
	Under 9 Netball Gr.3	Courts	Ms Semoko; Coach	
	Under 7 Mini Soccer Gr.1	Top Field	Mr van der Merwe; Coaches Charles, Papi & Alain	
	Under 8 Mini Soccer Gr.2	Top Field	Mr Zondo; Coaches Malu & Tshiamo	
	Under 9 Soccer Practice / Matches	Top Fields/Away	Mr Lambert; Coaches Lepthy & Mbo	
	Art Gr.3 Only	Art Room	Ms Bacalhau; Ms Field	
Extra Lessons Gr 2 (*By teachers invitation only)	Classrooms	Ms Els, Ms Breuer, Mrs Thomas		
SESSION 2 14:15 to 15:00	Gr.1,2 & 3 Homework Classes	Register Classes	Register Teachers	
SESSION 3 15:00 to 16:00	<i>Aftercare Activities/ Homework Outside Club ie. Gymnastics, Ballet, Karate:</i>	Orchard	Aftercare Teachers	
SESSION 4 16h00 to 17h30	<i>Aftercare Activities</i>	Orchard	Aftercare Teachers	
THURSDAY - CO-CURRICULAR		Venue	Teacher in Charge	Learners Choice (please tick)
SESSION 1 13:30 to 14:15	Under 7 Mini Netball Gr.1	Courts	Mrs Wakefield; Coach	
	Under 8 Mini Netball Gr.2	Courts	Coach	
	Under 9 Netball Gr.3	Courts	Ms Semoko; Coach	
	Under 7 Mini Soccer Gr.1 (Boys & Girls)	Top Fields	Mr van der Merwe; Coaches Charles, Papi & Alain	
	Under 8 Mini Soccer Gr.2 (Boys & Girls)	Top Fields	Mr Zondo; Coaches Malu & Tshiamo	
	Under 9 Boys Soccer Gr.3	Top Fields	Mr Lambert; Coaches Lepthy & Mbo	
	Under 9 Girls Soccer Gr.3	Top Fields	Coach Bongi	
Tennis	Tennis Courts	Coach Eddie		
Music	Music Room	Ms Botha; Mrs Dickson		
SESSION 2 14:15 to 15:00	Gr.1,2 & 3 Homework Classes	Register Classes	Register Teachers	
SESSION 3 15:00 to 16:00	<i>Aftercare Activities/ Homework Outside Club ie. Gymnastics, Ballet, Karate:</i>	Orchard	Aftercare Teachers	
SESSION 4 16h00 to 17h30	<i>Aftercare Activities</i>	Orchard	Aftercare Teachers	
FRIDAY - CO-CURRICULAR		Venue	Teacher in Charge	Learners Choice (please tick)
SESSION 1&2 13:30 to 15:00	Mini Soccer (Gr. 1&2) Matches - Only if selected	Fields/Away	Mr. van der Merwe; Mr Lambert; Coaches	
	Mini Netball (Gr. 1,2&3) Matches - Only if selected	Courts/Away	Ms Semoko; Teachers; Coaches	
	<i>Aftercare Outside Club ie. Gymnastics, Ballet, Karate:</i>	Orchard	Aftercare Teachers	
SESSION 3 15h00 to 16h00	<i>Aftercare Activities Outside Club ie. Gymnastics, Ballet, Karate:</i>	Orchard	Aftercare Teachers	
SESSION 4 16h00 to 17h30	<i>Aftercare Activities</i>	Orchard	Aftercare Teachers	